

# Master Song's Martial Arts School Schedule

40 ½ Padanaram Road, Danbury, CT 06810 (203) 743-3315 www.mastersongtkd.com

| Time:         | MON                                    | TUES                                   | WED   | THURS   | FRI   | SAT  |  |   |                        |
|---------------|--|--|---|---|---|--|--|---|------------------------|
| 12:00-12:50pm | <b>*STARTING SEPTEMBER 2019*</b>       |  |   |   |   | <b>TKD</b><br>+7 years and All levels                                    |  |   |                        |
| 1:00-1:50pm   |  |  |   |   |   | <b>Sparring</b> (All levels)   |  |   |                        |
| 4:00-4:50pm   | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>TKD +7yrs and older <u>ONLY</u></b>                    | <b>TKD +7yrs and older <u>ONLY</u></b>                      |   |  |  |   |                        |
| 5:00-5:50pm   | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>Pre-TKD</b><br>All Levels<br>(Age: 3-6)<br>Forms Class | <b>Black Belt Class</b><br><i>(Black Belts <u>ONLY</u>)</i> | <b>Forms Class</b><br>(Red Belt & Up) 2 <sup>nd</sup> & 4 <sup>th</sup> Wed | <b>TKD +7yrs <u>ONLY</u> (Self-Defense)</b>                              | <b>Pre-TKD</b><br>All Levels<br>(Age: 3-6) | <b>Black Belt Class</b><br><i>(Black Belts <u>ONLY</u>)</i> | <b>Weapons Class**</b> |
| 6:00-6:50pm   | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>TKD +7yrs and older <u>ONLY</u></b> | <b>Beginner Class</b>                                     | <b>TKD +7yrs and older <u>ONLY</u></b>                      | <b>TKD + TKD +7yrs <u>ONLY</u> (Self-Defense)</b>                           | <b>Beginner Class</b>  | <b>TKD</b><br>(Acrobats - All Ages)        | <b>Pre-TKD</b><br>All Levels<br>(Age: 3-6)                  |                        |
| 7:00-7:50pm   | <b>CKB*</b>                            | <b>CKB*</b>                            | <b>CKB*</b>   | <b>CKB*</b>   | <b>CKB*</b>   | <b>Sparring</b> (All Levels) +<br><b>Pre-TKD Sparring</b> (Intermediate) |  |   |                        |
| 8:00-8:50pm   | <b>Adult TKD</b>                       | <b>Adult TKD</b>                       | <b>Beginner Class</b>                                     | <b>Sparring Team Class</b><br>(All ages)                    | <b>Adult TKD</b>  | <b>Beginner Class</b>  |  |   |                        |

\*CKB students may wear INDOOR sneakers to class

\*\*MSWC (Master Song's Weapon Class):

Member's \$20.00/month Non-Members \$150.00/month

Weapons class alternates weapons each week, check the bulletin board for a schedule or ask the front desk.

Students can take **ONLY ONE TKD** class per day. Sparring, Board Breaking, Weapons, and Black Belt classes can be taken with TKD class.

**UPDATED: 08/28/19**

# Notice

- ☑ Please arrive 5-10 minutes prior to class.
- ☑ Remove all jewelry prior to class.
- ☑ Wear complete and approved school uniform and sparring equipment only.  
NO EXCEPTIONS PLEASE.
- ☑ All Yellow Belt and up W.T.F sparring gear is required for sparring classes.
- ☑ Notify Miss Jinah if you will be missing class for more than 3 days.

## 5:00pm-5:50pm Class

- ★ **Monday:** This class is highly recommended for Orange – Purple belts.
- ★ **Tuesday:** This class is highly recommended for No belts, White belts, and Yellow belts in order to learn essential techniques.
- ★ **Wednesday:** This class is highly recommended for Blue, Red and Brown belts, techniques will be taught which must be learned in order to progress to the next belt.
- ★ **Friday:** Black belt class and weapons class.